











For the attention of practitioners and people who provide care for an adult family member or friend... We'd like to invite you to an event on Wednesday 6th October 10-12



Researchers based at Bangor University, Strathclyde University and Swansea University are holding an event to explore how using pictures and images might facilitate conversations about short break needs, preferences, and outcomes. This exploration will help inform future policy, practice, and research development.

What does taking part involve?

The one-off event will be held on Zoom. It will last 2 hours including breaks. During the event there will be a series of small and large group discussions. Some small group discussions will ask attendees to discuss their short break preferences. We only ask people to contribute what they are happy to share. Attendees will be practitioners who work with carers and/or people with support needs and carers who support friends or family members.

We will audio-record the event. This recording will only be listened to by the research team. After the event, we will analyse what has been shared and prepare a paper for publication based on the findings. We may use quotes from the event in this publication-but any quotes used will not identify attendees.

Let us know you'd like to come by contacting Gill Toms (scil@bangor.ac.uk/01248 388463).

When you register, we will ask you some questions, so we know who is attending. We will also ask you to confirm that you consent to us using anonymised information shared at the event in future publications. Once we've received this information, we will confirm your place.

Do I have to attend?

No. Participation is voluntary. You can leave the event at any point without giving a reason. Leaving the event or deciding not to attend will not impact on any support you receive.

Will people know I have taken part?

The other meeting attendees will know. You can change your name in Zoom and turn your camera off if you wish. When we use information shared at the event, we will anonymise it. In publications and reports no-one will be identified.













What if I want to find out more?

Please get in touch with Gill Toms if you have questions or would like to discuss the event: scil@bangor.ac.uk or telephone 01248 388463.

We hope to have the pleasure of your company.